

SUN PROTECTION POLICY

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QHSE POLICY

Viking Industrial

Approval and revision status

0	Matt Wells	Anthony Jensen	18/09/2023	Document Creation
Rev	Originator	Approved	Date	Pages affected & reason for revision

Areas affected by recent revision are recorded in the above table

Queensland experiences tropical and sub-tropical weather and has a large proportion of sunny days. Exposure to ultraviolet (UV) radiation is cumulative and can cause sunburn in the short term. Over long periods of time it can lead to eye damage and an increased incidence of skin cancers (including melanoma). Queensland has the highest rate of skin cancer in the world. If you live in Queensland, you are at risk of developing skin cancer. Skin cancer is a serious disease that can cause disfigurement and death. It is the most common cancer in Australia. Skin cancer is caused by an accumulation of overexposure to ultraviolet radiation (UVR) from the sun or artificial sources penetrating the skin and damaging living cells

As part of our Commitment to Zero Harm and our responsibility to employees and contractors Viking Industrial will Ensure;

- Wherever possible/practical all work undertaken between the times of 900am-300pm should take place under cover or a suitable portable shade solution will be used. Task rotation and effective work scheduling will also be implemented to reduce over exposure. PPE will be provided as required.
- Provide Education and training in relation to the effects of over exposure to Solar radiation
- All sunglasses provided, will meet Australian Standard AS1067.1 and be a close-fitting, wrap-around style to provide maximum protection for the eyes.
- Hats with a broad brim measuring no less than 8cm in width must always be worn. Hats that have gauze or mesh sections are unacceptable as UV rays can penetrate the fabric.
- Safety glasses with a lens specified for outdoor use and complying with AS/NZS 1337 will be supplied if required.
- provide broad spectrum, water-resistant sunscreen with an SPF 50+ to all employees who work outside for most or some of their working day. Employees should apply the sunscreen to all areas of exposed skin at least 20 minutes before going outside and reapply the sunscreen every two hours whilst working outdoors.

Early detection

Nearly all skin cancers can be cured if detected and treated early. Skin cancers rarely hurt and more frequently seen than felt. It is important that you or a medical practitioner regularly check your skin for changes in shape, colour or size of existing freckles, moles or spots. [Cancer Council Queensland](#) has information on how to perform skin self-examinations.



Anthony Jensen
Chief Executive Officer

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